

High School Program

THE TRUTH ABOUT ALL THINGS TEENAGE: Workshops for Grades 8-10 students

Topics include (Grades 8-10 students):

- Anatomy and reproduction review
- Gender and sexual attraction
- Consent
- Smart sexual decision-making
- Physical and emotional responsibilities of a sexual relationship
- Different types of sexual activity and the responsibilities that come with each
- Contraception and Pregnancy
- Sexually Transmitted Infections (STIs)
- Recognition that most teens are not sexually active
- Availability of community sexual health resources
- Sexual health examinations, taking responsibility for one's health
- An understanding of healthy vs. unhealthy relationships

Live questions will be accepted throughout, and further anonymous questions will be collected to answer at the end.

COST: \$250 + gst per 75-minute workshop (Additional charge for assembly format), **\$550 + gst** for full day (Includes three 75 minute workshops). Travel fee may apply.

Smart decisions start here.

t 604.418.9417
e saleema@saleemanoon.com
w www.saleemanoon.com

